

VISOKA ZDRAVSTVENA ŠOLA V CELJU

DIPLOMSKO DELO

**VLOGA MEDICINSKE SESTRE PRI ZOBOZDRAVSTVENI
PREVENTIVI**

THE ROLE OF THE NURSE IN DENTAL PREVENTION

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IZVLEČEK

Uvod: Ustno zdravje je integralni del splošnega zdravja otroka in mladostnika. Bolezenska stanja v ustni votlini otrok in mladostnikov, predvsem karies, pa tudi bolezni obzobnih tkiv in razvojne nepravilnosti čeljusti in zob še vedno predstavljajo pomemben javnozdravstveni problem v Sloveniji in v svetu. Medicinske sestre imajo pomembno vlogo pri ohranjanju in izboljševanju ustnega zdravja otrok in mladostnikov.

Namen: Namen diplomskega dela je bil predstaviti vlogo medicinske sestre pri zobozdravstveni preventivi.

Raziskovalna metodologija: Uporabili smo anonimni anketni vprašalnik. Zbrane in izpolnjene vprašalnice smo analizirali. Dobljene podatke smo vizualizirali s pomočjo računalniškega programa Microsoft Excel, s katerim smo izvedli tudi statistično analizo.

Rezultati: Večina anketiranih staršev je dobro informiranih o pravilnem vzdrževanju ustne higijene otrok. Način pridobivanja informacij je bil različen. Iz rezultatov je bilo razvidno, da največ teh informacij nudijo medicinske sestre. Z izvajanjem zobozdravstvene preventive je večina anketiranih staršev zadovoljnih. Starši svojo vlogo pri osveščanju, informiranju in učenju svojih otrok o pravilnem vzdrževanju ustne higijene vidijo kot primerno in se zavedajo vloge starševstva pri ustnem zdravju svojega otroka, hkrati pa priznavajo vlogo medicinske sestre.

Razprava in sklep: Na podlagi analize pridobljenih podatkov lahko sklepamo, da večina anketiranih staršev meni, da ima medicinska sestra pomembno vlogo pri ustnem zdravju njihovih otrok. Starši menijo, da imajo tudi oni pomembno vlogo pri ustnem zdravju.

Ključne besede: ustno zdravje, medicinska sestra, zobozdravstvena preventiva, ustna higiena.

ABSTRACT

Introduction: The oral health is integral to overall health of children and adolescents. Illnesses in the oral cavity of children and adolescents, especially caries, as well as gingival diseases and malformations of the teeth and jaws are still an important public health problem in Slovenia and abroad. Nurses play an important role in maintaining and improving the oral health of children and adolescents.

Aim: The aim of this study was to present the role of the nurse in dental prevention.

Research Methodology: We used an anonymous questionnaire. Collected and completed questionnaires were analysed. The obtained data were visualized by a computer program Microsoft Excel, using which a statistical analysis was carried out.

Results: The majority of surveyed parents are well informed about the proper maintenance of oral hygiene of children. Different methods for obtaining information were used. The results showed that most of this information is obtained from nurses. Most of the surveyed parents are satisfied with the implementation of dental prevention. Parents see their role in raising awareness, informing and teaching their children about proper maintenance of oral hygiene as proper and they are aware of the role of parenting in the oral health of their child, while recognizing the role of nurses.

Discussion and conclusion: Based on the analysis of the obtained data we can conclude that the majority of parents surveyed believe that the nurses have an important role in the oral health of their children. Parents also believe that they have an important role in oral health.

Keywords: oral health, nurse, dental prophylaxis, oral hygiene.

