

**VISOKA ZDRAVSTVENA ŠOLA V CELJU**

**POMEN VKLJUČEVANJA MEDICINSKE SESTRE V  
MULTIDISCIPLINARNO OBRAVNAVO OTROKA Z MOTNJAMI V  
RAZVOJU**

**THE IMPORTANCE OF INVOLVING A NURSE IN THE  
MULTIDISCIPLINARY TREATMENT OF CHILDREN WITH  
DEVELOPMENTAL DISORDES**

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## **POVZETEK**

**Izhodišče:** Da lahko izvajalci zdravstvene nege nudijo kakovostno in varno zdravstveno nego otrok z motnjami v razvoju, potrebujejo znanje. Medicinske sestre sodelujejo v multidisciplinarni obravnavi otrok z motnjami v razvoju. Namen raziskave je bil ugotoviti, kakšen je pomen vključevanja medicinskih sester v multidisciplinarno obravnavo otroka z motnjami v razvoju.

**Metoda:** Uporabili smo kvantitativni raziskovalni pristop, in sicer metodo deskripcije. Pridobivanje podatkov je potekalo s tehniko anketiranja. Za instrument smo uporabili anketni vprašalnik, ki je bil razvit na podlagi pregleda literature. Uporabili smo neslučajni, priložnostni vzorec. V vzorec smo vključili izvajalce zdravstvene nege v dveh centrih za usposabljanje, delo in varstvo. V raziskavo smo vključili izvajalce zdravstvene nege. Od 50 anketnih vprašalnikov smo dobili vrnjenih 45, kar predstavlja 90-odstotno realizacijo vzorca. Podatki so bili zbrani in obdelani v programu Excel.

**Rezultati:** 44 (91,7 %) anketiranih izvajalcev zdravstvene nege je bilo mnenja, da je multidisciplinarna obravnavo otroka z motnjami v razvoju zelo pomembna. 27 (56,3 %) anketiranih navaja, da je vloga medicinske sestre pri celostni obravnavi otroka z motnjami razvoja pomembna. Delo z otroki z motnjami v razvoju je obremenjujoče, saj je večina anketiranih odgovorila pritrdilno. Ugotovljeno je bilo, da ni potrebe po formalnem podiplomskem izobraževanju s področja dela z otroki z motnjo v razvoju, saj je le 18 (40 %) anketiranih izvajalcev zdravstvene nege odgovorilo pritrdilno.

**Razprava in sklep:** Ugotavljamo, da ima multidisciplinarni tim pomembno vlogo pri celostni obravnavi otroka z motnjami v razvoju, pomembno vlogo pri tem imajo predvsem medicinske sestre. Izvajalci zdravstvene nege navajajo, da imajo dovolj strokovnega znanja za delo z otroki z motnjami v razvoju in ne izražajo potrebe po podiplomskem izobraževanju, saj jim je omogočeno kontinuirano strokovno izpopolnjevanje. Delo z otroki z motnjami v razvoju je zahtevno, zato je treba pozornost posvetiti delovnim obremenitvam izvajalcev zdravstvene nege.

**Ključne besede:** otrok, motnja v razvoju, multidisciplinarni tim, celostna obravnavo

## SUMMARY

**Starting point:** Providers of nursing care need knowledge to offer quality and safe health care of children with developmental disorders. Nurses take part in the multidisciplinary treatment of the children with developmental disorders. The purpose of the study is to determine what is the importance of involving nurses in the multidisciplinary treatment of children with developmental disorders.

**Method:** We used a quantitative research approach, a description method. Data acquisition was conducted by interviewing technique. We used a questionnaire as an instrument that was developed on the basis of a literature review. We used random, ad hoc sample. The sample included providers of health care in two centers for training, work and care. The study included providers of health care. Of the 50 questionnaires, 45 were returned, representing a 90% realization of the sample. Data were collected and processed in Excel.

**Results:** 44 (91.7%) of the respondents were of the opinion that a multidisciplinary treatment of the child with developmental disorders is very important. 27 (56.3 %) of respondents stated that the role of nurses in the comprehensive treatment of the child with developmental disorders is important. Working with children with developmental disorders is burdensome, since the majority of the respondents replied in the affirmative. It has been found that there is no need for a formal post-graduate education in the field of working with children with developmental disorders, as only 18 (40%) of respondents answered in the affirmative.

**Discussion and conclusion:** We assess that a multidisciplinary team plays an important role in the comprehensive treatment of children with developmental disorders. An important role in that have the nurses. Providers of health care indicate that they have sufficient expertise to work with children with developmental disorders and do not express the need for post-graduate education, as there is a possibility of continuous updating of skills. Working with children with developmental disorders is complex, so it is necessary to pay attention to the workload of the providers of health care.

**Key words:** child, developmental disorder, multidisciplinary team, comprehensive treatment