

**VISOKA ZDRAVSTVENA ŠOLA V CELJU**

**DIPLOMSKO DELO**

**VLOGA MEDICINSKE SESTRE V PREDŠOLSKEM DISPANZERJU**

**THE ROLE OF A NURSE IN A DISPENSARY FOR PRESCHOOL  
CHILDREN**

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**Študijski program: VISOKOŠOLSKI STROKOVNI ŠTUDIJSKI  
PROGRAM ZDRAVSTVENA NEGA**

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## IZVLEČEK

**Uvod:** V diplomskem delu smo opisali vlogo medicinske sestre v predšolskem dispanzerju. Teoretični del naloge vsebuje predstavitev in zakonsko ureditev dispanzerja za otroke. Poudarjene so aktivnosti, odnos in komunikacija ter zdravstveno vzgojno delo medicinske sestre v predšolskem dispanzerju. V empiričnem delu diplomskega dela je opisana raziskava, ki je bila izvedena v Zdravstvenem domu Nazarje.

**Namen:** Namen diplomskega dela je ugotoviti zadovoljstvo staršev z delom medicinske sestre pri opravljanju preventivnih pregledov triletnih otrok v predšolskem dispanzerju Nazarje.

**Metode dela:** Uporabili smo deskriptivno in kvantitativno metodo raziskovanja. Opravljena je bila anketa. Anketni vprašalnik je vseboval 15 vprašanj zaprtega in izbirnega tipa, z možnostjo izbire dveh do osmih ponujenih odgovorov. V raziskavi je sodelovalo 30 staršev triletnih otrok, ki so opravili preventivni pregled svojega otroka v Zdravstvenem domu Nazarje v novembru in decembru 2012. Obdelava podatkov in njihova interpretacija je bila izvedena s pomočjo Microsoftovega programa Excel.

**Rezultati:** Opravili smo analizo ankete. V raziskovalnem vzorcu je sodelovalo 29 žensk in 1 moški. Večina (46 %) jih je imela srednješolsko izobrazbo, njihova starost pa je bila od 20 do 40 let. Rezultati so pokazali, da so v Zdravstvenem domu Nazarje starši oz. skrbniki triletnih otrok, ki so opravljali preventivni pregled svojega otroka, zadovoljni z delom medicinske sestre pri opravljanju preventivnih pregledov. Zadovoljstvo se kaže v izvajanju zdravstveno vzgojnega dela, komuniciranju in odnosu medicinske sestre s starši in otroki ter v skupni oceni izvedenega sistematičnega pregleda.

**Razprava in sklep:** Izkazalo se je, da medicinske sestre v Zdravstvenem domu Nazarje dobro opravljajo svoje poslanstvo. Potrdili smo vzorno izvajanje komunikacije in zdravstveno vzgojnega dela. Starši oz. skrbniki triletnih otrok so zadovoljni z delom medicinske sestre v predšolskem dispanzerju. Prav tako so zadovoljni s prostorom in opremo za izvajanje preventivnih pregledov. Anketiranci so izpostavili zanimanje o promociji zdravja otroka in dobro ocenili delo medicinske sestre.

**Ključne besede:** medicinska sestra, predšolski dispanzer, preventivni pregledi, starši, otrok.

## **ABSTRACT**

**Introduction:** This diploma thesis deals with the role of nurses in a dispensary for preschool children. The theoretical part includes an overview of a dispensary for preschool children and related legal regulation, with stress on the employed nurses' activities, rapport, communication skills, and health education work. The empirical part describes the research conducted at the Nazarje public health care center.

**Purpose:** The purpose of the thesis is to validate the parents' satisfaction with the nurses' performance during preventive health examinations of three-year-old children at the Nazarje dispensary.

**Methods:** A descriptive and quantitative method was employed in the research. The questionnaire used for the survey included 15 closed-ended questions with multiple choices ranging from two to eight. The survey was performed with 30 parents of three-year-olds after their child's preventive health examinations at the Nazarje public health care center in November and December 2012. The data was worked on and interpreted with the help of Microsoft's Excel software.

**Results:** The research sample for the survey included 29 females and 1 male. Most (46%) had a high school education, and the age range was between 20 and 40 years. The analysis of the survey showed that parents or legal guardians of the children undergoing preventive examinations are satisfied with the performance of the nurses during examinations. This is indicated by the expressed satisfaction in relation to the execution of the health education portion, their communication and rapport with both parents and children, as well as with the general validation of the performed examination.

**Discussion and conclusions:** We conclude that the nurses at the Nazarje public health care center are performing their duties well. A commendable implementation of communication and health education work was confirmed. Parents or legal guardians of three-year-old children were satisfied with the work of the nurses in the dispensary. They also expressed satisfaction with the premises and instrumentation used for the examinations. The surveyed have expressed interest in the promotion of child health and positively evaluated the performance of the nurses.

**Keywords:** nurse, dispensary for preschool children, preventive health examinations, parents, children.