

VISOKA ZDRAVSTVENA ŠOLA V CELJU

ZDRAVSTVENA NEGA PACIENTOV S POŠKODBO GLAVE

NURSING CARE OF PATIENTS WITH HEAD INJURY

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Izvleček

Uvod: Poškodba glave s spremljajočo okvaro možganov je danes med vodilnimi vzroki visoke umrljivosti in invalidnosti. Pri hudih možganskih poškodbah je pogosto vegetativno stanje, ki s seboj prinaša mnogo negovalnih problemov.

Namen: Namen diplomskega dela je bil predstaviti posebnosti zdravstvene nege pacienta s hudo poškodbo glave.

Metode dela: Za izdelavo teoretičnega dela je bila uporabljena deskriptivna metoda dela s študijem domače in tuje strokovne literature. V empiričnem delu smo predstavili študijo primera pacienta po hudi poškodbi glave v vegetativnem stanju in jo primerjali z ostalo literaturo in podobnimi študijami.

Rezultati: Rezultati raziskave so pokazali, da imajo pacienti s hudo poškodbo glave največ problemov pri gibanju, spanju, osebni negi in komunikaciji. Tudi Brečko (2009) navaja iste negovalne diagnoze pri pacientih s hudo poškodbo glave. Zaradi ugotovljenih različnosti potreb po zdravstveni negi je potrebno izdelati individualne načrte zdravstvene nege pacienta po procesni metodi dela.

Sklep: Zavedati se je treba problemov, povezanih z obravnavo in oskrbo pacientov s poškodbo glave, ter natančno in kakovostno pripraviti načrt zdravstvene nege za oskrbo le teh. Le tako lahko določimo korake in poiščemo najboljše rešitve, ki bodo pripeljale do zelenih ciljev in celovite rešitve aktualnega problema.

Ključne besede: pacient, huda poškodba glave, vegetativno stanje.

Abstract

Introduction: Head injury with concomitant brain is today among the leading causes of high mortality and disability. In severe brain injury is often a vegetative state, which brings with it many nursing problems.

Purpose: The purpose of this study was to present the particularities of nursing care of the patient with severe head injury.

Methods: To create theoretical work has been used descriptive method works by studying domestic and foreign professional literature. In the empirical part, we presented a case study of a patient after a severe head injury in a vegetative state and compared with the rest of the literature and similar studies.

Results: The results showed that patients with severe head injury up to problems with movement, sleep, personal care and communication. Even Brecko (2009) states the same nursing diagnosis in patients with severe head injury. Due to the diversity of the identified needs of health care is needed to create individual plans of nursing care of the patient after the process method works.

Conclusion: it is necessary to be aware of the problems associated with the treatment and care of the patients with a head injury, accurate and high-quality health care to prepare a plan for the care of it. Only in this way can be determined steps and find the best solutions that will lead to the desired goals and comprehensive solution of the current problem.

Keywords: patient, severe head injury, vegetative state.