



## 2<sup>nd</sup> MULTIPLIER EVENT Healthy Lifestyle for Ageing Well

**Location:** CESPUE, University Campus of Gandra. Instituto Politécnico de Saúde do Norte. Health Department

**Date:** Wednesday, 29<sup>th</sup> June 2016      **Language of work:** English      **Fee:** Free of charge

### Programme 2<sup>nd</sup> day

- 10h00      **Wellcoming and Registration**
- 10h30-11h00      **Opening Ceremony**  
CESPU, Portugal
- Luís M. Silva, PhD, CESPUE Main Board
  - Raquel Esteves, RN, PhD. Director of Escola Superior de Saúde do Vale do Sousa. Instituto Politécnico de Saúde do Norte. Health Department, Gandra. CESPUE HLAWE Project Coordinator
  - Sara Gama, MSc, Erasmus Institutional Coordinator
- College of Nursing in Celje, Slovenia
- Boris Miha Kaučič, RN Msc, Vice Dean for Education of College of Nursing in Celje. HLAWE Professional Project Manager
- 11h00-11h30      **Healthy Lifestyle for Aging Well (HLAWE) – Presentation of the Project**  
College of Nursing in Celje, Slovenia (Project Coordinator)  
Boris Miha Kaučič, RN, MSc, HLAWE Professional Project Manager  
Jerneja Meža, Msc, Erasmus Institutional Coordinator  
Katja Esih, BSc, HLAWE Financial Project Manager
- 11h30-11h45 - **HLAWE Project - Health Literacy & Lifestyles – Literature Review**  
University of Oulu, Finland  
Pirjo Kaakinen, RN, PhD
- 11h45-12h00      **HLAWE Project - Presentation of the Research Protocol**  
CESPU, Portugal  
Francisca Pinto, RN, MSc
- 12h00-12h30      **HLAWE Project - Health Literacy of the Elderly – Preliminary Results**  
University of Oulu, Finland  
Pirjo Kaakinen, RN, PhD  
Helvi Kyngäs, RN, PhD
- 12h30-14h30      **Lunch**



- 14h30-15h15 **HLAW Project – General Presentation of the Outputs**  
College of Nursing in Celje, Slovenia  
Boris Miha Kaučič, RN, MSc, HLAW Professional Project Manager  
Jerneja Meža, Msc, Erasmus Institutional Coordinator  
Katja Esih, BSc, HLAW Financial Project Manager
- 15h15-15h35 **The Ethical Guidelines for care of the elderly as an example of Intellectual Outputs of HLAW project. Preliminary results**  
Medical University of Lublin, Poland  
Beata Dobrowolska, RN, PhD  
Justyna Warda, MA
- 15h35-16h00 **Final Remarks**  
Moderator: CESPU, Portugal  
Nuno Araújo, RN, MSc
- 16h00-16h15 **Closing Session**
- 16h30 **Porto D'Honra**